



DECEMBER 2024

4-H Family News

Livingston County



Complete the Volunteer and Youth Survey for 2025 Programming

Call all Livingston County 4-H youth and volunteers! We want to hear from you about what 4-H programs and activities you would like to see in our county in 2025!



These surveys were passed out at the Livingston 4-H County Awards on November 8th, but if you didn't get a chance to complete it, we would love to have your feedback. The survey is online, so parents are welcome to help their child complete the survey, but we do want the youth's opinions.

Volunteers can complete this survey: https://msu.co1.gualtrics.com/jfe/form/SV_86ee9D7jfygPuU6

Youth can complete this survey: https://msu.co1.qualtrics.com/jfe/form/SV_74kcJP5zlkESOUe

UPCOMING MEETINGS & EVENTS:

4-H Cooking Class December 5th from 6-7:30 pm at the MSU Extension Office

Livingston County MSU Extension Office Closed December 23rd – January 1st

4-H Cooking Class January 2nd from 1-2:30 pm at the MSU Extension Office

Sheep, Goat, Camelid Workshop January 8th at 7 pm at the MSU Extension Office

4-H Council Meeting January 21^{st} at 7 pm at the MSU Extension Office

Livingston County 4-H Tack Sale February 8th from 10- 2pm at the Hartland Educational Support Service Center

CONTACT US

Kat VanDouser 4-H Program Coordinator krollkat@msu.edu

Jenny Speyer 4-H Program Instructor <u>speyerje@msu.edu</u>

2300 E. Grand River Ave., Suite 111 Howell, MI 48843

PHONE & EMAIL:

517-546-3950

msue.livingston@county.msu.edu

WEBSITE:

https://www.canr.msu.edu/livingston/

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Congratulations to Rachel Newsom for receiving a MSU Pre-College Scholarship!



Six youth who attended 4-H Animal and Veterinary Science Camp this summer have been awarded a \$2,000 Michigan State University Pre-College Scholarship. One of the youth was Livingston County 4-H'er Rachel Newsom of Tri-County Kids 4-H Club. Rachel is the President of our Animal Project Committee and a Teen Ambassador for Livingston County.

MSU pre-college programs are great for helping youth explore possible career interests. They are great fun, very educational, and help connect young people with university faculty and other resources. MSU pre-college programs also help youth envision their future so they can wisely choose their high school classes and prepare for college.

Selection for this scholarship is based on application and student essay. The scholarship is applied toward the student's first year at MSU as a degree-seeking student. Congratulations Rachel!

Join us for the 4-H Livestock Husbandry Workshops this Winter/Spring

Do you know a 4-H'er looking to add a new livestock species to your 2024-2025 4-H project list, or looking to brush up on your livestock husbandry knowledge? Join us this winter for our free Livestock Husbandry Workshop Series! Youth can attend one or multiple sessions. The January and February sessions will cover the basics of care and showing for our many livestock projects! These sessions will not have animals present, but will be interactive!

Workshops will take place at the MSU Extension Office Conference room at 2300 E Grand River Ave, Howell MI 48843 at 7 pm on the below dates:

- January 8th Sheep, Goats, and Camelids (Llamas and Alpacas)
- February 12th Swine
- April 8th Hands on Livestock Workshop *Location TBD

To help us prepare for refreshments, space, and door prizes, please RSVP at: <u>http://bit.ly/3TdBNYz</u> Questions? Reach out to Kat at <u>Krollkat@msu.edu</u> or 517-552-6903.





4-H Crafty Crochet SPIN Club: Beginner and Advanced Sessions

Join us beginning on January 6th, 2025 for our first 4-H Crafty Crochet SPIN Club! We will meet for a total of five sessions (January 6th, 13th, 27th, and February 3rd and 10th, 2025) in two groups. This program will meet at the MSU Extension office in Howell (2300 E Grand River Ave, #111, Howell MI 48843). Youth must be 4-H Age 8+ for this program. All supplies will be provided! This is a free program.

The Beginner Crocheters sessions are now full. But please contact Kat if you want to be added to a waitlist.



Advanced Crocheters still has spaces and is for youth who have a solid understanding of the foundations of crochet, and have completed kits or other projects previously. Advanced will meet from 7:30-8:30pm. We will be making free-form plushies for this program - youth will design and create their own stuffed creature!

Space is limited to 8 youth per group - registration is first come first served. A waitlist will be kept beyond the first 8 registrations per group. This program builds on the knowledge learned at each session - youth are expected to attend all sessions.

Pre-Registration required and found at: bit.ly/4HCrochet Questions? Please contact Kat at Krollkat@msu.edu.

Parliamentary Procedure and Officer Training: January 15th at 5:30 pm



All 4-H volunteers and youth (aged 5-19 years old) from Livingston 4-H clubs, 4-H county committee members, and volunteers are welcome to attend on January 15th at 5:30 pm at the Livingston Educational Service Agency at 1425 W Grand River Ave, Howell, MI 48843.There will be pizza and pop served. **4-H teen leaders in clubs and committees are strongly encouraged to attend**. RSVP is required for this event. Youth do not need to be serving in officer roles to attend, and 4-H Gold Volunteers are welcome to attend!

Having successful meetings using good parliamentary procedure is every members responsibility and can make meetings a whole lot more fun as well!

Please pre-register for the event at <u>bit.ly/ParliPro4H</u>.

Livingston County MSU Extension Office Closed December 23-January 1st



The Livingston County MSU Extension Office will be closed from December 23rd through January 1st for winter break. Our 4-H Staff will respond to any phone calls or emails when we return on January 2nd. We hope all of our 4-H families and volunteers have a happy holiday season and we look forward to seeing you in the New Year!

Register Now for the 4-H Spark and Share Summit: March 8th in Frankenmuth

Reignite your passion for 4-H at the 2025 Spark and Share Summit March 8th at the Bavarian Inn Lodge and Conference Center in Frankenmuth!!

4-H Volunteers and teens can register for this 1-day conference where they can learn new projects and information that they can take back to teach and share in their local 4-H program at: <u>https://events.anr.msu.edu/SELeaderMeet2025/</u>.



Registration is \$65 and includes lunch and selection of up to 3 breakout sessions. A link to session descriptions is available through the registration page. The deadline for registration is February 8th. 4-H Council has funds for scholarships for 4-H events and programs if teens and leaders are interested in attending. Please reach out to Kat, <u>krollkat@msu.edu</u> or Jenny, <u>speyerje@msu.edu</u> for more information.

Registration Still Open for 4-H Cooking Workshops in December & January



Back by popular demand, 4-H Program Instructor Jenny Speyer and Community Nutrition Instructor Shelley Frazier, will be hosting 4-H Cooking Workshops this October, December, and January at the MSU Extension Office.

- Thursday December 5th from 6-7:30 pm: Mac n Cheese and Toppings
- Thursday January 2nd from 1-2:30 pm: Pumpkin, Sweet Potato, and Squash Pie

These workshops are designed for ages 8-12 years old but 12-19 can also participate. Please make sure to sign up for each youth separately on the registration as we are capped at 12 youth per session. We will do our best to accommodate dietary restrictions and food allergies.

Livingston County 4-H Horse Committee Tack Sale: Saturday February 8th

It's time to mark your calendar for the Livingston County 4-H Hartland Tack and Craft Sale on Saturday, February 8th from 10 am – 2 pm. This Sale will take place in the Hartland Educational Support Service Center Gymnasium at 9525 E. Highland Rd, Howell, MI 48843. General and silent auction proceeds will be used for the Livingston County 4-H Horse Committee.

The public are invited to buy or sell and we have spaces available for 6'x8' for \$25 and 6'x16' for \$40. There is a \$5 discount for 4-H members. Tables are available for an additional \$10.



Fees are non-refundable and all reservations must be phoned or emails in with payment postmarked by February 1st, 2025. There will be a \$5 late fee for any reservations made after February 1st.

New this year! There will be a silent auction fundraiser with a drawing at 1:45 pm. Winners must be present to claim their prize.

For any questions or more information, please contact Paula at 517-404-4544 or <u>hartlandtacksale@gmail.com</u>. Check out the <u>full flyer on our website</u>.

Congratulations to our Livingston 4-H County Award Winners



Congratulations to our 4-H'ers, volunteers, and community supporters that were recognized at our annual County Awards Recognition Program on November 8th! This awards program was planned, set up, and led by our 4-H Ambassadors, Danykah Muck, Ashley Baize, Ashley Bernardin, Rachel Newsom, and Emma Roberts.

We had a great time with the red-carpet theme and enjoyed watching youth dress up in costume items and walk the runway. The best runway walk trophy went to Hudson

Roberts and his sister Becca for their cowboy inspired walk down the runway. We also had fun getting to know new friends during our ice breaker activities.

Thank you also to Gordon and Teena Munsell for providing apple cider for the event.

Check out the full listing of 4-H'ers, Volunteers, and Community Supporters who were recognized on <u>our</u> <u>website</u>.

Silent Auction Donations Needed for Tack Sale



Livingston County 4-H Horse Committee needs your help for the 4-H silent auction fundraiser at their Annual Tack Sale. This is a great way for clubs and 4-H'ers to help the Livingston County 4-H Horse Committee. Donations can be dropped off at the Vendor/Volunteer check in table 8 am – 10 am of the sale. Smaller items can be dropped off to the MSU Extension office before noon Friday February 7th. Please drop off at large items at the sale as we do not

have storage space in the MSU Extension Office. Many items will be on sale after the holidays that would make great donations. Horse-themed toys, clothing or gifts, or any self-care products are always a big hit. If you have any questions about donations or the silent auction, please contact Lynn Perry at <u>lynn_perry@yahoo.com</u> or 517-376-1164.

Congratulations to Ingham County 4-H Horse Judging Team & Danykah Muck

Danykah Muck, a Livingston County 4-H member of Barnyard Banditz 4-H Club, stepped in at the last minute to fill a much-needed position on the Ingham County 4-H Horse Judging Team! On October 25th, the Ingham County 4-H Horse Judging team represented the Michigan 4-H horse programs while competing at the U.S. Arabian Nationals horse judging contest in Tulsa, Oklahoma. Unfortunately, one of the members of the team needed for them to compete could not attend. Danykah stepped up to attend with very short notice requiring her to prep and study for the contest in less than 10 days. At the contest, teams evaluated and placed 4 halter classes and 6 performance classes and then delivered 4 sets of oral reasons, defending their placings. Team members were Adelaide Halstead, Tabitha Hayworth and Danykah Muck. The team is coached by Marci Rene' Charest.





In the 4-H/FFA division, the team placed 3rd in Halter, 4th in Performance and 3rd in Reasons and ended up being the 3rd place team overall! Even with her short notice and time to prepare, Danykah tied for 12th in halter, placed 18th in performance, tied for 19th in reasons and placed 16th overall.

Congratulations to Danykah and also thank you for your willingness to support 4-H'ers in a neighboring county and represent Michigan 4-H horse programs!

STATEWIDE CALENDAR OF EVENTS





Buy your favorite Michigan 4-H apparel, drinkware, and essentials at the SHOP 4-H Online Store!

Offered in collaboration with National 4-H Council through Shop 4-H, the Michigan 4-H store offers Michigan 4-H branded apparel and other gifts. Visit the store online and find the perfect item for your favorite 4-H'er, volunteer, alumni, professional or fan! The shop is open to the public and a percentage of all proceeds will be donated to Michigan 4-H.

To order Michigan 4-H specific items, visit <u>https://bit.ly/30pdNJw.</u> The store will remain open beyond the holiday season to continue offering Michigan 4-H branded gear to the Michigan 4-H community.

November 29 – December 15: Fall TSC Paper Clover Campaign

Local Tractor Supply Co. Support 4-H by purchasing a \$1 paper clover at your local Tractor Supply Co. (TSC) store! www.canr.msu.edu/events/tractor-supply-co-paper-clover-campaign

December 3: Giving Tuesday

Online

Join the #GivingTuesday movement — a global day of giving and a chance to celebrate the opportunities that makes 4-H so extraordinary. 4-H'ers are leading the way in a world full of change and together, we can build a generation ready for anything. We have set a goal to raise \$5,000 to grow 4-H county endowments in a 24-hour period. https://mi4hfdtn.org/giving-tuesday/

December 10: Wild Spartans – Forestry Fire Crew

Online

Join 4-H staff to spark excitement in the world of wildland fire. Meet Jennifer Hansen and Courtney Kubitskey, who are on the forestry fire crew with the Michigan Department of Natural Resources. Learn about their work, and the education and career path they followed to get there. This free series is open to all youth ages 12-19 years. Pre-registration is required:

www.canr.msu.edu/events/wild-spartans-monthly-wildlife-fisheries-webinar-series-december-2024-25

December 17: Online Extension Extras - Helping Kids Manage Stress *Online*

Children and youth experience stress; parents and caregivers have an opportunity to support them. This workshop will cover common causes, signs and symptoms of stress, as well as discuss strategies for supporting children, youtthand parents experiencing stress. www.canr.msu.edu/events/online-parenting-helping-kids-manage-stress-12-17-24

Kettunen Center Inventory Closeout

Kettunen Center was the first 4-H volunteer and youth training center in the nation, owned and operated by the Michigan 4-H Foundation from 1961 to 2021. The center's remaining merchandise and furnishings is now available for sale through the MSU Surplus Store! We know the Kettunen Center meant so much to the 4-H community and this is an opportunity to purchase something by which to remember the center. Purchase yours today!





STATEWIDE 4-H NEWS

Help youth build the Five C's: Competence, confidence, connection, character and compassion

Adapted from an article by Christine Heverly, MSU Extension

Michigan 4-H works to ensure that youth are engaged in a positive youth development program and utilizes the 4-H Thriving Model to help illustrate how it is meeting the needs of youth across Michigan. A key component of the 4-H Thriving Model is that youth form developmental relationships. Young people thrive best when their families, friends, schools, neighbors, businesses and other community members support them in a variety of ways.

Positive relationships with volunteers provide young people with chances to learn life skills such as goal setting, problem-solving and communicating. Volunteers can help young



people move through the developmental stages and address difficulties along the way. One important way volunteers can help youth thrive is to help them build their Five C's. According to "Liberty: Thriving and civic engagement among America's youth" by Richard Lerner, the Five C's are competence, confidence, connection, character and compassion.

The Five C's aren't tangible things you can give to young people. They're skills and characteristics young people develop through their experiences and relationships. According to Zarrett and Lerner, young people who are able to display stronger evidence of having the Five C's are considered to be thriving and more likely to be developmentally on target than those who do not. Volunteers have the potential to assist young people in building the Five C's by creating relationships and situations that allow them to thrive.

MSU Extension recommends the following ideas to help Michigan 4-H volunteers working with youth to help build the Five C's.

- Help youth learn new concepts for the projects or activities they are participating in.
- Know youth names and address them by their preferred names and pronouns.
- Have youth find their spark by trying something new.
- Help youth navigate obstacles that they encounter.
- Help youth work through the tough side of giving away a project (i.e., selling an animal, giving away a project they worked hard on).
- Help youth record progress, no matter how small; each completed task is a job well done (i.e., maintain a "Done It List").
- Identify values or ethical standards a youth lives by. Do this with them. Write a non-negotiables list showing beliefs the youth will not alter. This helps alleviate peer pressure break downs.
- Define confidence, competence, connection, character and compassion. Use one of these terms to define during a group meeting and discuss ways we show it. Align with the 4-H pledge and have youth brainstorm ways (or goals) to show these traits in the new 4-H year on paper. They can draw or write those ideas.
- Use simple ice breaker activities in pairs or small groups to help young people talk through or work on a common activity or topic. Have them share out loud to the larger group their shared connection or how they worked together to achieve a common goal (building competence and confidence, building connections).
- Focus on building relationship with the youth involved by really getting to know them (their hobbies, interests, events in school or family) and inquire about them with a genuine interest.
- Recognize specific positive behaviors or accomplishments in competence, confidence or character of youth in the club/group.
- Be compassionate in one's interactions with youth (and others) and serve as a role model in that behavior.